

Privacy Policy for Renee Health

Effective Date: 11/19/2024

At **Renee Health**, your privacy is a top priority. This Privacy Policy explains how we collect, use, and protect your personal information when you engage with our services, visit our website, or communicate with us. By using our services, you consent to the practices described in this policy.

1. Information We Collect

We may collect the following types of personal information:

- **Contact Information:** Name, email address, phone number, and mailing address.
 - **Health Information:** Details you provide during consultations or coaching sessions, including health goals and history.
 - **Payment Information:** Credit card or billing details for processing transactions.
 - **Usage Data:** Information about your interactions with our website, including IP address, browser type, and browsing behavior.
-

2. How We Use Your Information

We use your information to:

- Provide and personalize our services, including health coaching and educational programs.
 - Communicate with you about your goals, progress, and program updates.
 - Process payments securely.
 - Improve our website, services, and user experience.
 - Send you newsletters, promotional offers, or relevant content (with your consent).
-

3. How We Protect Your Information

We implement industry-standard security measures to protect your personal information from unauthorized access, disclosure, or alteration. These measures include encryption, secure servers, and regular monitoring.

4. Sharing Your Information

We do not sell, rent, or trade your personal information. We may share your data with trusted third parties in the following cases:

- To process payments securely through payment processors.
 - To comply with legal obligations or protect our rights.
 - With your explicit consent for specific purposes.
-

5. Your Choices and Rights

You have the right to:

- Access, update, or delete your personal information.
- Opt-out of marketing communications at any time.
- Request a copy of the personal data we hold about you.

To exercise these rights, please contact us at **[Insert Contact Email]**.

6. Cookies and Tracking Technologies

Our website may use cookies to enhance your browsing experience. You can adjust your browser settings to decline cookies, but this may limit some features of our site.

7. Third-Party Links

Our website may contain links to third-party sites. We are not responsible for the privacy practices of these external websites. We encourage you to review their policies before sharing any personal information.

8. Updates to This Policy

We may update this Privacy Policy from time to time to reflect changes in our practices or legal requirements. We will notify you of any significant updates by posting the revised policy on our website.

9. Contact Us

If you have any questions or concerns about this Privacy Policy, please contact us at:

Renee Health

Email: info@reneehealth.org

By using Renee Health services, you acknowledge that you have read and understood this Privacy Policy.